

## Effect of soil and plant covering and sowing time on the yield of fennel bulbs grown from sowing directly in the field

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### ABSTRACT

A field experiment on fennel growing (*Foeniculum vulgare* var. *azoricum* Mill.) was conducted at the Experimental Farm of the University of Life Sciences in Lublin, on a grey-brown podzolic soil. The experiment included the following factors: three kinds of covers – soil covering with black polyethylene film (PE 0.05 mm), soil covering with black polypropylene non-woven fabric (PP 50 g m<sup>-2</sup>) and flat covering of plants with white polypropylene non-woven fabric (PP 17 g m<sup>-2</sup>); three sowing terms – April, May, June; two fennel cultivars – ‘Rudy F<sub>1</sub>’ and ‘Zefa Fino’. Soil mulching with PP50 and, to a slightly lesser degree, black PE, caused an increase in the total and marketable yield of fennel bulbs and had a favourable effect on the yield structure. The lowest yield, with the highest share of non-marketable bulbs, was obtained following plant covering with PP17. The bulbs were the largest in the experimental treatments with PP50 mulching. The smallest bulbs were harvested following PP17 plant covering. For fennel growing, the most favourable sowing time was April. The lowest yield was obtained from the June sowings. The cultivars studied did not vary in terms of yield level and structure. The bulbs of the ‘Zefa Fino’ cultivar were longer and more slender than those of the ‘Rudy F<sub>1</sub>’ cultivar.

Key words: black film, cultivars, *Foeniculum vulgare*, non-woven fabric, quality of bulbs, yield

### INTRODUCTION

Fennel (*Foeniculum vulgare* var. *azoricum* Mill.) is a vegetable that is not commonly grown in Poland in spite of its high dietary value (Atta-Aly et al. 1999, Wierzbicka 2002, Koudela and Petříková 2008). Fennel bulbs that find their way onto the Polish market are imported from Italy and Spain. Fennel is mostly grown in southern Europe, due to the favourable climatic conditions, and it is also increasingly common in the USA, Germany, Holland and Belgium (Morales et al. 1993, Behrendt 2001, Mencarelli 2004). Fennel yields well in a Mediterranean climate, with gentle winters and hot summers (Carrubba et al. 2002). In the conditions of Poland, fennel cultivation is recommended for early

spring, from covered seedlings, or from sowing in the soil from June till mid-July, due to the fact that plants sown earlier tend to bloom (Plucińska 2001, Wierzbicka 2002). The objective of the study reported here was to determine the effect of soil and plant covering on the yield of fennel bulbs, and to identify the optimum time of growing fennel from direct sowing in the field.

### MATERIAL AND METHODS

The field experiment was conducted in the years 1998-2000, at the Felin Experimental Farm of the University of Life Sciences in Lublin (51°23'N, 22°56'E), on a grey-brown podzolic soil developed from loess formations overlying chalk marls, with

**Table 1.** Timetable of significant treatments in fennel cultivation in the years 1998-2000

Year	Sowing date	Beginning of emergence		Removal of PP17		Harvest	
		A	B	A	B	A	B
1998	I - 6.05.	16.05.	10	6.07.	61	7.08.	92
	II - 27.05.	10.06.	12	21.07.	57	21.08.	87
	III - 17.06.	30.06.	13	11.08.	55	2.09.	76
1999	I - 27.04.	10.05.	12	8.06.	41	20.07.	83
	II - 26.05.	10.06.	13	8.07.	41	16.08.	80
	III - 22.06.	3.07.	11	15.08.	53	9.09.	78
2000	I - 26.04.	10.05.	13	12.06.	46	19.07.	85
	II - 24.05.	9.06.	15	19.07.	55	16.08.	83
	III - 21.06.	4.07.	12	7.08.	46	5.09.	75

A – Date; B – Days after sowing

a grain size composition corresponding to that of weak silty loams. The crop plant in the experiment was fennel (*Foeniculum vulgare* var. *azoricum* Mill.). The experiment was set up using the method of fully randomised blocks, in four replications. The surface area of a plot for harvest was 3.2 m<sup>2</sup>. The experiment included the following factors: three kinds of covers – soil covering with black polyethylene film (PE 0.05 mm), soil covering with black polypropylene non-woven fabric (PP 50 g m<sup>-2</sup>) and flat covering of plants with white polypropylene non-woven fabric (PP 17 g m<sup>-2</sup>) and a control treatment (no cover); three sowing terms – April, May, June (Tab. 1); two fennel cultivars – ‘Rudy F<sub>1</sub>’ and ‘Zefa Fino’.

The forecrop for the fennel was white cabbage. Tillage included deep ploughing before winter, with harrowing in spring, followed by cultivating and finishing tillage. Pre-sowing fertilisation was applied as follows: 80 kg N (ammonium nitrate), 35.2 kg P (triple superphosphate) and 91.3 kg K (potash salt) per 1 ha. Weeding was done by hand. Anti-aphid spraying with a Pirimor 50DP preparation was conducted as required. Fennel seeds were sown in rows, two seeds per point, at 20 cm spacing in the rows. Row spacing was 40 cm. After the plants produced two proper leaves, thinning was made, leaving a single plant per point. The times of the agronomic treatments and observations in the fennel culture are given in Table 1.

The crop was harvested once, when most of the bulbs reached a mass of  $\geq 200$  g, accepting that as the minimum for marketable bulbs (Vogel 1987, Vanparys 1999 a, b, Damato 2000, Cserni and Kovács 2002, Wierzbicka 2002). Determinations were made of the yield level and structure: class I, class II, out of selection (UNECE 2005), and of the mean weight of fennel bulbs in the particular selections. Bulb dimensions were measured (height,

width, thickness, shape factor). The obtained results were processed statistically using the method of analysis of variance. The significance of differences was determined by means of Tukey’s intervals of confidence at a significance level of  $p = 0.05$ .

## RESULTS

The mean total yield of fennel bulbs over the three-year period of the experiment was 23.9 t ha<sup>-1</sup>, of which the marketable yield was 17.8 t ha<sup>-1</sup> (Tab. 2).

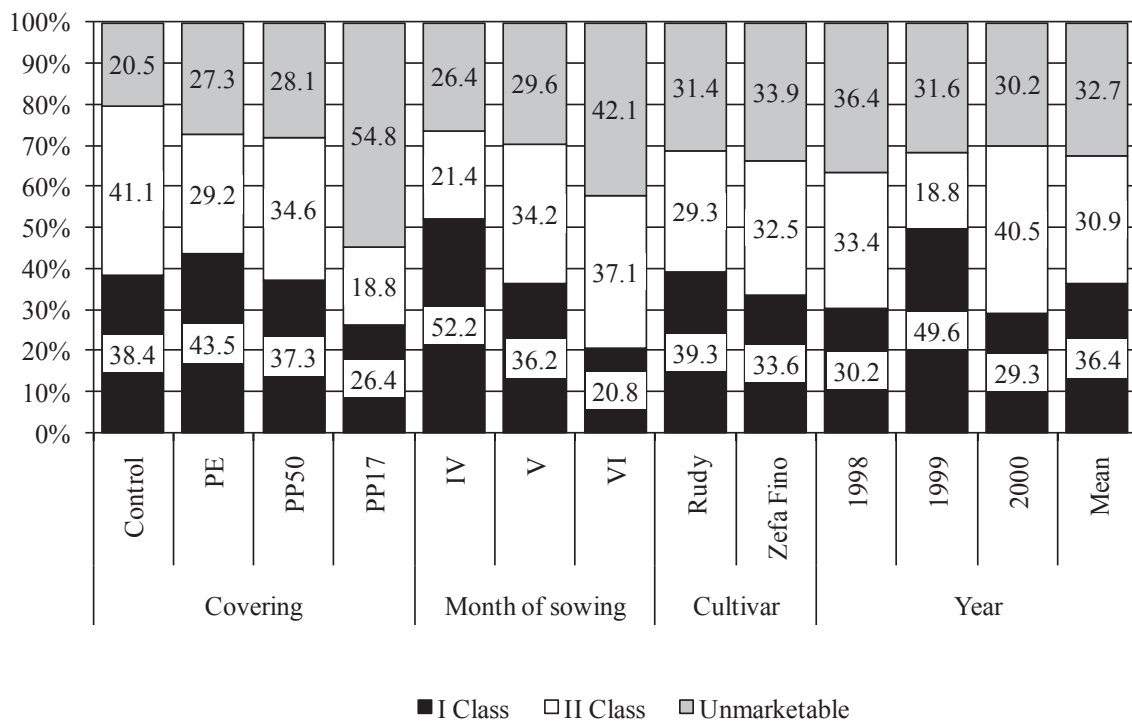
Based on the obtained results, the times of sowing and the covering applied had the same effect on the total and marketable yields of fennel bulbs. Soil mulching caused an increase in the bulb yield, though the differences were not statistically significant compared to the control. Significantly the lowest yield of bulbs was obtained after plant covering with non-woven fabric PP17 (mean of 17.0 t ha<sup>-1</sup>, out of which 11.4 t ha<sup>-1</sup> was marketable yield). The highest total yield (27.4 t ha<sup>-1</sup>) was harvested from plots covered with black non-woven fabric PP50, and the highest marketable yield resulted from soil mulching with black PE film (20.5 t ha<sup>-1</sup>). The plants harvested from the April sowings had the best yielding. Fennel sown in April gave the significantly highest total yield (35.2 t ha<sup>-1</sup>) and marketable yield (27.1 t ha<sup>-1</sup>) of bulbs. The lowest yields, in all of the years of the experiment, were obtained from the June sowings (13.2 and 9.0 t ha<sup>-1</sup>, respectively). No significant differences in the total and marketable yields were observed between the cultivars studied. Both cultivars showed similar responses to the experimental factors.

Bulbs of class I constituted, on average, 36.4% of the total yield of fennel bulbs (Fig. 1).

The highest share of class I bulbs in the total yield was obtained from plots mulched with black PE film (43.5%), and the lowest from those

**Table 2.** Effect of covering and sowing date on the total and marketable yields of fennel (mean for the years 1998-2000)

Kind of covering	Total yield (t ha <sup>-1</sup> )				Marketable yield (t ha <sup>-1</sup> )				
	Month of sowing				Mean	IV	V	VI	Mean
	IV	V	VI	Mean					
‘Rudy F <sub>1</sub> ’ cultivar									
Control	34.0	27.3	10.8	24.0	27.6	21.9	8.8	19.4	
PE	34.2	28.4	14.7	25.8	25.3	22.5	11.4	19.7	
PP50	41.0	25.8	17.0	27.9	32.9	17.4	14.0	21.4	
PP17	28.9	15.0	4.2	16.0	22.3	9.3	0.5	10.7	
Mean	34.5	24.1	11.7	23.4	27.0	17.8	8.7	17.8	
‘Zefa Fino’ cultivar									
Control	33.1	27.4	13.8	24.8	24.9	24.0	9.6	19.5	
PE	38.8	29.6	15.5	28.0	28.9	22.3	12.4	21.2	
PP50	37.6	20.4	22.6	26.8	29.1	13.7	12.5	18.4	
PP17	33.8	13.2	6.9	17.9	26.0	7.8	2.4	12.1	
Mean	35.8	22.7	14.7	24.4	27.2	16.9	9.2	17.8	
Mean									
Control	33.5	27.3	12.3	24.4	26.3	23.0	9.2	19.5	
PE	36.5	29.0	15.1	26.9	27.1	22.4	11.9	20.5	
PP50	39.3	23.1	19.8	27.4	31.0	15.6	13.3	19.9	
PP17	31.4	14.1	5.6	17.0	24.2	8.6	1.5	11.4	
Mean	35.2	23.4	13.2	23.9	27.1	17.4	9.0	17.8	
LSD <sub>0.05</sub> for:				4.12				3.95	
coverings				3.25				3.11	
sowing dates				n.s.				n.s.	
cultivars									



**Figure 1.** Effect of covering and sowing date on the yield structure of fennel bulbs in 1998-2000

covered with PP17 non-woven fabric (26.4%). The covering of plants with PP17 non-woven fabric caused an increase in the share of non-marketable bulbs in the yield (54.8%), relative to the remaining experimental treatments. The unfavourable effect of plant covering was especially observable for the latest sowing time, in June, when the harvest from those plots contained as much as 86.4% of bulbs out of selection. As a result, the June sowing produced the lowest share of marketable yield. The highest share of class I bulbs in the yield was recorded for the April sowings (52.2%), and the lowest from the June ones (20.8%). 'Rudy F<sub>1</sub>' bulbs of class I constituted on average 39.3% of the yield. The 'Rudy F<sub>1</sub>' cultivar dominated in terms of that trait over 'Zefa Fino' (33.6%), though the share of marketable bulbs in the yield of the two cultivars did not differ significantly. No differences were found for that trait between the years of the experiment, either.

Soil mulching with PP50 black non-woven fabric caused an increase in the weight (up to 357 g, on average) and dimensions of fennel bulbs compared to the other experimental treatments (Tabs 3 and 4).

Bulbs from plots mulched with black non-woven fabric were the largest, though the differences were not significant relative to the control. Significantly, the smallest bulbs, with the lowest weight (mean of 210 g) and the lowest values of height, width and thickness, were obtained from the plots that were covered with PP17 non-woven fabric. Only for the first sowing, in April, no negative effects of plant covering with PP17 on the shape parameters of the bulbs were observed. The analysis of fennel yields permitted the conclusion that the non-marketable yield from the mulched treatments was dominated by large, overgrown and cracked bulbs, while the yield from plots mulched with PP17 contained a lot of small bulbs, with weights below 100 g.

The fennel bulbs sown in April were characterised by the greatest weight (mean of 349 g) compared to the other sowing times (Tab. 3). They were also the longest and the widest compared to bulbs of plants from later sowing dates (Tab. 4). The lowest weight at the time of harvest was that of fennel bulbs from the June sowings (259 g). In addition, the marketable bulbs from sowings made in April were the largest, and their average weight was 374 g. The cultivars

**Table 3.** Effect of covering and sowing date on the mean weight of fennel bulbs (mean for the years 1998-2000)

Kind of covering	Mean weight of bulb (g)				Weight of marketable bulb (g)			
					Month of sowing			
	IV	V	VI	Mean	IV	V	VI	Mean
'Rudy F <sub>1</sub> ' cultivar								
Control	347	347	284	326	370	363	333	355
PE	342	343	293	326	374	363	328	355
PP50	379	312	371	354	416	312	356	362
PP17	292	191	86	190	308	277	340	308
Mean	340	298	259	299	367	329	339	345
'Zefa Fino' cultivar								
Control	353	364	269	329	357	400	339	365
PE	349	354	238	314	387	360	302	350
PP50	378	297	404	360	419	320	441	393
PP17	350	219	122	230	365	269	243	292
Mean	358	309	258	308	382	337	331	350
Mean								
Control	350	356	277	328	364	382	336	360
PE	346	349	266	320	381	362	315	353
PP50	379	305	388	357	418	316	399	377
PP17	321	205	104	210	337	273	292	300
Mean	349	304	259	304	374	333	336	348
LSD <sub>0.05</sub> for: coverings				35.2				42.2
sowing dates				27.8				32.8
cultivars				n.s.				n.s.

**Table 4.** Effect of covering and sowing date on some properties of the shape of fennel bulbs (mean from 1998-2000)

Kind of covering	Height of bulb (mm)				Diameter of bulb (mm)				Thickness (mm)				Coefficient of shape			
	Month of sowing															
	IV	V	VI	Mean	IV	V	VI	Mean	IV	V	VI	Mean	IV	V	VI	Mean
‘Rudy F <sub>1</sub> ’ Cultivar																
Control	121	114	103	113	115	115	108	113	55	59	60	58	1.05	1.00	0.97	1.01
PE	123	113	101	112	118	114	113	115	56	60	62	59	1.04	1.00	0.90	0.98
PP50	129	111	103	114	124	112	110	116	60	57	62	60	1.04	0.99	0.94	0.99
PP17	123	112	93	109	110	101	93	102	53	53	46	51	1.14	1.11	1.00	1.09
Mean	124	113	100	112	117	111	106	111	56	57	58	57	1.07	1.03	0.95	1.02
‘Zefa Fino’ cultivar																
Control	129	125	101	118	116	117	111	115	57	66	60	61	1.12	1.08	0.93	1.04
PE	131	117	102	117	118	116	105	113	57	61	57	58	1.12	1.02	0.98	1.04
PP50	144	119	114	126	119	108	125	117	59	58	68	62	1.22	1.12	0.92	1.09
PP17	125	109	95	110	118	93	94	102	57	55	46	53	1.07	1.19	1.03	1.10
Mean	132	118	103	118	118	108	109	112	57	60	58	58	1.13	1.10	0.96	1.07
Mean																
Control	125	120	102	116	115	116	110	114	56	63	60	60	1.09	1.04	0.95	1.03
PE	127	115	102	115	118	115	109	114	56	61	60	59	1.08	1.01	0.94	1.01
PP50	137	115	109	120	122	110	118	116	59	58	65	61	1.13	1.06	0.93	1.04
PP17	124	110	94	110	114	97	94	102	55	54	46	52	1.11	1.15	1.01	1.09
Mean	128	116	102	115	117	110	107	111	57	59	58	58	1.10	1.07	0.96	1.04
LSD <sub>0.05</sub> for: coverings				5.9				6.3				4.9				0.05
sowing dates				4.6				4.9				n.s.				0.04
cultivars				3.0				n.s.				n.s.				0.02

studied did not differ significantly in terms of the weight of bulbs and of marketable bulbs. Bulbs of the ‘Zefa Fino’ cultivar were significantly longer and more slender than those of ‘Rudy F<sub>1</sub>’ (Tab. 4).

## DISCUSSION

The study presented here demonstrated that the best of the compared mulches in the cultivation of fennel was the PP50 black non-woven fabric, while direct covering of plants with PP17 non-woven fabric can only be applied in very early cultivation. The plots with black non-woven fabric mulching produced the highest total yield, and the bulbs had the greatest weight and dimensions. Soil mulching with the black PE film had a favourable effect on yield structure, causing an increase in the share of class I bulbs in the total yield. Also, in the cultivation of garlic the application of soil mulching with black PE film had a positive effect on the total and marketable yield and on the quality traits of bulbs (Rekowska 1997). In a study by Najda (2004), celery grew better on soil mulched with black film than with black non-woven fabric,

but the total and marketable yields were similar following both mulches. Soil covering with a mulch of black PE film or with PP50 non-woven fabric ensured better thermal and water conditions than the non-covered soil in the control treatment. The mulches applied caused a significant increase in soil temperature compared to the non-covered soil, and soil mulching with black PE film and PP50 non-woven fabric reduced the diurnal variations in soil temperature (Błażewicz-Woźniak 2006). A similar opinion was expressed by Siwek and Libik (2005), who attributed the superior growth of plants mulched with black PE film to higher and more uniform soil moisture content. As a result, in the treatments mulched with PP50 non-woven fabric the plants grew the fastest and attained the largest dimensions and weight at the time of harvest. In the cultivation of zucchini, soil covering with black non-woven fabric increased the share of marketable yield compared to black film mulching, while the film accelerated the early harvest to a greater degree than the non-woven fabric did (Kołota and Słociak 2003). According to Buczkowska (1996),



an increase in soil temperature under black film mulch had a decisive effect on the yield of peppers.

In the experiment reported here, the plots covered with PP17 non-woven fabric produced the lowest total and marketable yields of fennel, and the bulbs were the smallest. Only for the first sowing time, i.e. April, the negative effect of plant covering with PP17 was not significant. It is to be assumed that for the later sowing times the application of that covering created unfavourable conditions for the formation of bulbs. Excessive temperatures and limited access of light disturbed the growth of plants under PP17 non-woven fabric. Kuskowska and Wierzbicka (2000) reported lower marketable yields of cucumber mulched with PP non-woven fabric compared to that grown in soil mulched with black PE film. Krężel and Kołota (2000) demonstrated that the application of non-woven fabric covering and perforated film in the cultivation of beetroot is justified only for very early sowing dates. In a study by Benoit and Ceustermans (1994), fennel yielded better under a mulch of non-woven fabric (Agryl) than of perforated foil (Pervistal). Dobromilska (2000) obtained the highest total yield of fennel bulbs grown under a covering of PP17 non-woven fabric from seedlings sown in March. Rekowska and Słodkowski (2005) also recorded a favourable effect of plant covering with PP non-woven fabric on the yielding of corn salad only in the case of an earlier time of harvest (3.06); when harvest time was delayed by two weeks, the effect of the PP mulching, compared to a non-covered field, disappeared. Kalisz and Cebula (2001) demonstrated that polypropylene non-woven fabric and perforated foil covering applied until the 14<sup>th</sup> May had a favourable effect on Chinese cabbage yielding compared to a non-mulched control. Wierzbicka (1999) observed that the effect of the application of mulches in the cultivation of lettuce depended on the weather conditions. In a year with a cool spring, early covering of the soil with black film did not accelerate the lettuce harvest and caused a slight decrease in yields, while with a warm spring better results were obtained when black film mulching was applied, the best yields being produced by lettuce covered with PP non-woven fabric.

In our study, the optimum sowing time for fennel was April. Plants sown at that time produced the highest total and marketable yields. Fennel bulbs from plants sown in April were the largest. The lowest marketable yields were obtained for plants sown in June, which also had the smallest bulbs.

Similar results were obtained by Dobromilska (1999). However, the results of this study did not support those obtained by Błażewicz-Woźniak et al. (1997) in 1996, when the best date for sowing in the field was the 21<sup>st</sup> of June. In turn, in a study on fennel cultivation conducted in the years 2001-2003, the highest total yield was obtained from sowings made on the 20<sup>th</sup> of May and the lowest from April, while the highest marketable yield was obtained from June sowings, with notable differences between the years of the study (Błażewicz-Woźniak 2006). That was due undoubtedly to the varied weather conditions. The yielding of vegetables is largely dependent not only on the sum of precipitation during the vegetation period, but first of all on its distribution during the vegetation of the plants. Many researchers acknowledge the effect of the weather on variability in the response of vegetable crops to experimental factors in particular years of experiments (Vanparys 1999 a, b, Wierzbicka 1999, Rusch 2001, Kalisz 2005, Michalik and Szweykowska 2005, Siwek and Libik 2005, Abou El-Magd et al. 2008). The yields of fennel obtained in our experiment, as well as the studied features of the bulbs (weight, height, width, thickness), did not differ much from results obtained by other researchers (Morales et al. 1993, Damato 2000, Atta-Aly 2001, Koudela and Petříková 2008).

The cultivation times of a given species depend not only on climatic conditions but also on the cultivars, and in the case of fennel also on the photoperiodic response of cultivars and their tendency to create bolters (Vanparys 1999 a, b, Atta-Aly 2001, Abou El-Magd et al. 2008). In the study, the author made a comparison of yielding of two fennel cultivars - 'Rudy F<sub>1</sub>' and 'Zefa Fino' - that in earlier experiments had given the highest yields among 11 cultivars tested (Błażewicz-Woźniak et al. 1997). Both cultivars displayed similar responses to the experimental factors and no significant differences were noted in their yield, with the mean marketable yield for the three-year period of the study being the same, at 17.8 t ha<sup>-1</sup>. The cultivars also did not differ in terms of the average weight of bulbs and of the weight of marketable bulbs. 'Zefa Fino' bulbs were longer and more slender than those of 'Rudy F<sub>1</sub>', which was due to the cultivar-related features of the species. In a study by Koudela and Petříková (2008), 'Zefa Fino' showed a significantly higher average yield in the summer sowing times and 'Rudy F<sub>1</sub>' in the autumn ones. In the experiments conducted by Vanparys (1999 a), the 'Zefa Fino', 'Argo' and 'Atos' cultivars had the

highest yields when the sowing was done in March and the harvest in July. The yielding of 'Rudy' varied in the successive years of the experiments. In a study conducted by Dobromilska (1999) in Pomerania, 'Rudy F<sub>1</sub>' gave better yields than 'Zefa Fino' in April sowings in the field. Morales et al. (1993), comparing the yielding of 16 cultivars of *Foeniculum vulgare* var. *azoricum*, obtained the highest yield, and the best in terms of quality, for the cultivar 'Zefa Fino', which produced the largest bulbs. Numerous studies confirm the universal character of 'Zefa Fino' and its good yielding at various cultivation times (Vogel 1987, Benoit and Ceustermans 1998, Vanparys 1999 a, Dimson and Agnew 2001). Our study demonstrated a high suitability of both cultivars tested, i.e. 'Rudy F<sub>1</sub>' and 'Zefa Fino', for cultivation in the region of central-eastern Poland.

## CONCLUSIONS

1. Soil mulching with PP50 black non-woven fabric and, to a slightly lesser extent, black PE film, caused an increase of the total and marketable yield of fennel and had a favourable effect on its structure. The lowest total yield of bulbs with the highest share of non-marketable yield was obtained after plant covering with PP17 non-woven fabric.
2. The fennel bulbs obtained from plots with PP50 non-woven fabric mulching had the greatest weight and dimensions. The smallest bulbs were obtained following plant covering with PP17 non-woven fabric.
3. April sowing was the most favourable for fennel. Plants sown in April produced the highest total and marketable yields of bulbs, and the bulbs had the greatest weight. The lowest yields were obtained from the June sowings.
4. The cultivars studied did not differ in terms of yield level and structure. 'Zefa Fino' fennel bulbs were longer and more slender than 'Rudy F<sub>1</sub>'.

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#### WPŁYW OSŁANIANIA GLEBY I ROŚLIN ORAZ TERMINU SIEWU NA PLON ZGRUBIEŃ KOPRU WŁOSKIEGO UPRAWIANEGO Z SIEWU WPROST NA POLE

Streszczenie: Doświadczenie polowe z uprawą kopru włoskiego (*Foeniculum vulgare* var. *azoricum* Mill.) przeprowadzono w Gospodarstwie Doświadczalnym UP w Lublinie na glebie płowej. Uwzględniono następujące czynniki: 3 rodzaje osłon – okrycie gleby czarną folią polietylenową (PE 0,15 mm), okrycie gleby czarną włókniną polipropylenową (PP 50 g m<sup>-2</sup>) i płaskie okrycie roślin białą włókniną polipropylenową (PP 17 g m<sup>-2</sup>); 3 terminy siewu – kwiecień, maj, czerwiec; 2 odmiany – ‘Rudy F<sub>1</sub>’ i ‘Zefa Fino’. Ściółkowanie gleby PP50 i w nieco mniejszym stopniu PE zwiększyło plon ogólny i handlowy zgrubień fenkułu oraz wpłynęło korzystnie na jego strukturę. Najmniejszy plon, z największym udziałem zgrubień niehandlowych, uzyskano po osłanianiu roślin PP17. Na obiektach ściółkowanych PP50 zgrubienia były największe. Najdrobniejsze zgrubienia zebrano po osłanianiu roślin PP17. Najkorzystniejszy dla fenkułu był siew wykonany w kwietniu. Najmniejszy plon otrzymano z siewów czerwcowych. Badane odmiany nie różniły się pod względem wielkości plonu i jego struktury. Zgrubienia odmiany ‘Zefa Fino’ były dłuższe i smuklejsze od zgrubień odmiany ‘Rudy F<sub>1</sub>’.

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